

ਗੋਪੀਦਤ੍ਰ ਰੰ ਚੇਵਾਨ੍ਗੁਣ

by

Sattva - Space for Lifelong Learning



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Who are we?

These days education is perceived in terms of degrees and jobs. But the main aspect of education is the overall development of students who blossom into beautiful human beings.

At Sattva - A Space for Lifelong Learning, we believe that education goes beyond acquiring degrees and jobs. We are committed to nurturing well-rounded individuals who are not only knowledgeable but also compassionate, creative, and engaged citizens.

Our informal learning space welcomes learners of all ages, abilities, and backgrounds. We offer fun, creative, and transformative learning experiences that allow learners to explore their hidden potential and grow to their fullest potential. Our goal is to create a space that fosters lifelong learning and personal growth.

To achieve our vision, we provide a variety of offline and online classes, creative events, guest lectures, seminars, and workshops on a range of topics. We also offer affordable guidance to learners who need it, and we provide a platform for teachers to grow personally and professionally.

Sattva stands for the values of wisdom, purity, and positivity. Sattva reflects the hope that through our journey, we will be able to contribute to the creation of a better and more sustainable world.

The Voice, The Vision

At Sattva, we believe in empowering young minds to express their thoughts, ideas, and aspirations for a better world. Ripples of Change was born out of this vision—a platform that amplifies the voices of aspiring changemakers and nurtures their creative abilities to address global issues.

Director Rajvi Trivedi envisions a space where young citizens can articulate their perspectives and inspire action through art and expression. After participating in Sattva's transformative events, learners were encouraged to channel their reflections into meaningful creations. This inaugural edition showcases a rich tapestry of paintings, poems, and written pieces, each a testament to their awareness and sensitivity towards today's pressing challenges.

Through this magazine, we aim to harness the power of creativity and art as instruments of change. Our mission is to nurture a community of voices advocating for a more peaceful and sustainable society. This is just the beginning of Ripples of Change, and we aspire to make it an annual tradition, providing a lasting platform for young citizens to contribute toward a brighter, more inclusive future.

Art and Creativity: The Soul of Education

~ Anagha | Bengaluru, India

ART and CREATIVITY are the integral aspects in EDUCATION. Students that are creative are more likely to think creatively, experiment, and come up with novel ideas. In a world that is changing quickly, this kind of thinking is crucial for problem-solving and flexibility.

Schools and institutes should foster creative thinking and not shut it down. They should be allowed to select their unique paths. ART & CREATIVITY give soul to the process of education. Integrating art in education nurtures both the intellectual and emotional facets of a student's growth, creating a well-rounded individual.

Here, the illustration also conveys the message that integrating creativity will enhance a student's intellectual ability, which unfolds the wings to fly with enlightenment.



Our Planet is Not a Garbage Bag!

~ Sandra | Bengaluru, India

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*I only feel angry when I see waste.
When I see people throwing away
things we could use.*

~ Mother Teresa

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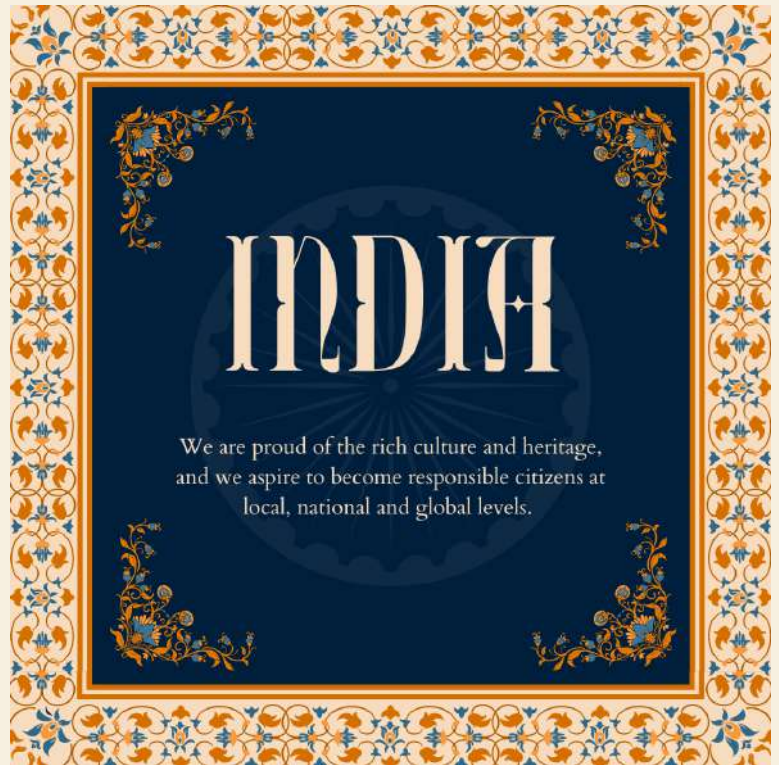


Rediscovering Roots: Embracing Tradition in a Modern World

~ Tanishka | 10th Grade Student | Karnataka India

Our country, India, has so much tradition and culture in it. Every corner of our country is unique and has its cultural colors and beauty. With more than 1,000 languages, various dance forms, and religions, India is known for its unity in diversity. Yet we are so influenced by Western culture that newborns are first spoken to in English rather than their mother tongue in metropolitan cities. Knowing or unknowingly, we are adopting a Western lifestyle.

Being a youth, connecting with Sattva and Kathak made me more attached to my traditional roots. Being involved in both Sattva and Kathak has helped me find peace mentally and physically and also made me identify myself better. Our original culture and tradition are still hidden from the world. Youth should join hands, preserve our traditions, and show the world how vibrant and beautiful our culture is.



Less Spoken, More Lived

~ Sneha | Mumbai, India

Amid the rush, the endless race,
We've lost the art of a slower pace.
Chasing more, yet feeling less,
Blind to the gifts we already possess.

What if enough could light the way,
A simpler life, a gentler day?
Where joy is found in what we keep,
Not in the things that we misplace or seek.

The forests know, the rivers sing,
Of balance found in everything.
A tree does not hoard its shade or fruit,
Yet stands content, its roots absolute.

In homes where stories fill the air,
Where every object is handled with care,
Nothing wasted, nothing for show,
Just a quiet pride in all they know.

The earth provides, and yet we take,
Far more than we could ever make.
But perhaps there's time to mend the thread,
To cherish the simple path instead.

To walk where the wildflowers grow,
To feel the wind, to let it show,
That happiness isn't in what we amass,
But in the moments that truly last.

A life of light, of thoughtful tread,
Where less is spoken, but more is said.
To live with purpose, to give, to care,
And leave a legacy that's light as air.

Dismantling Colorism: Honoring Every Hue of India

~ Sid Purohit | 10th Grade Student | USA

Colorism in India, deeply ingrained over centuries, remains a significant issue with far-reaching consequences. Historically, colonial rule reinforced fairness as an ideal, promoting Eurocentric beauty standards that persist today. This bias undermines India's extraordinary diversity, where people from regions like Kerala in the south to Punjab in the north showcase a stunning spectrum of skin tones, reflecting the nation's rich cultural and geographical variety. Despite this, fairness creams dominate the market, and matrimonial ads often prioritize "fair" brides, perpetuating self-esteem issues and discrimination. This mindset detracts from the vibrant identity of a nation where all shades tell stories of resilience and unity. To combat colorism, it is essential to celebrate India's diversity and emphasize that beauty and worth are not tied to skin color.



Reimagining Education

This section delves into transformative educational philosophies from around the world, spotlighting approaches that are leading the way in fostering nurturing environments and driving positive change in how we educate and empower students.

Paulo Freire

Paulo Freire is known for his ideas on critical consciousness and for Pedagogy of the oppressed. Freire (2001) points out that the ultimate goals of education are emancipation and liberation from all injustices.

Escaping the Shackles of Passive Learning

Freire was the first one to talk about the Banking model of Education. This is a model where teachers are active participants and students are passive objects. Education is viewed as a process of depositing knowledge into passive students. Freire urged that this form of education reproduces inequalities instead of transforming and liberating.

Transforming Through Reflection and Action

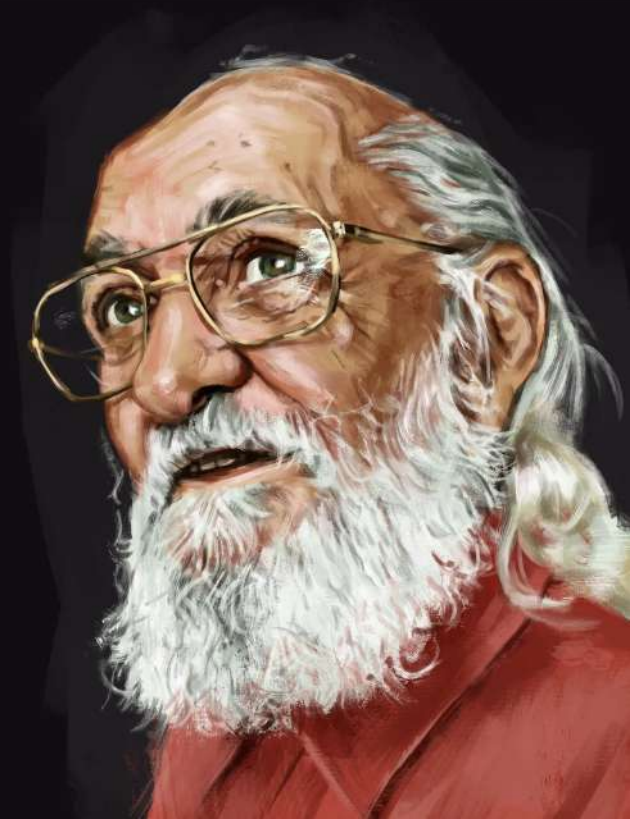
Freire explains that it is important to understand the world and reflect upon it before acting upon it to bring about a change. Freire aimed at Praxis, implying informed action, through the problem-posing education. According to him, praxis means reflection and action upon the world to transform it.

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The teacher is of course an artist, but being an artist does not mean that he or she can make the profile, can shape the students. What the educator does in teaching is to make it possible for the students to become themselves.

”

- Paulo Freire



GET IN TOUCH

We are always open to collaboration and partnerships. If you connect with our mission and values, we invite you to get in touch with us. We are happy to curate events tailored to your needs and interests, and we look forward to working with other educational institutions and organizations.



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